



BE PREPARED

BE READY

BE KNOWLEDGEABLE

COMMON COLD

KEY FACTS

- **Colds are usually mild respiratory infections**
- **People with colds are more likely to have a runny or stuffy nose**
- **Colds generally do not result in serious health problems such as pneumonia, bacteria infections or hospitalization**
- **Because colds and flu share many symptoms, it can be difficult to tell the difference between them**

For additional information visit: www.hhs.gov/flu